CULINARY ARTS - KITCHEN ESSENTIALS, ONE-YEAR TECHNICAL CERTIFICATE

Curriculum Code #4034

Effective May 2023

Division of Arts and Humanities (http://catalog.lorainccc.edu/academic-programs/arts-humanities/)

The one-year technical certificate in culinary arts prepares the certificate holder with the basic foundational skills required to pursue additional education in culinary arts or for entry-level employment in various types of restaurants and food businesses. Students will learn a variety of basic cooking and baking techniques through hands-on instruction. Lorain County Community College has articulation agreements with colleges and universities including programs offered by Lorain County Community College's University Partnership.

Preferred Sequence

| Fall Semester | | Hours |
|-----------------|---|-------|
| BIOG 153 | BASIC HUMAN NUTRITION | 3 |
| CULN 157 | FUNDAMENTALS OF FOOD SERVICE PRODUCTION ² | 3 |
| CULN 175 | PURCHASING AND PRODUCT IDENTIFICATION | 3 |
| MTHM 158 | QUANTITATIVE REASONING ⁴ | 3 |
| SDEV 101 | INTRODUCTION TO THE LCCC COMMUNITY | 1 |
| TRSM 118 | FOOD SAFETY AND SANITATION ¹ | 2 |
| | Hours | 15 |
| Spring Semester | | |
| CULN 152 | ESSENTIALS OF DINING ROOM SERVICE | 3 |
| CULN 154 | INTRODUCTION TO BAKING AND PASTRY ³ | 3 |
| CULN 160 | FOODSERVICE OPERATIONS AND CAREER MANAGEMENT ³ | 3 |
| CULN 165 | ADVANCED FOOD SERVICE PRODUCTION ³ | 3 |
| ENGL 161 | COLLEGE COMPOSITION I | 3 |
| | Hours | 15 |
| | | |

ServSafe® Food Protection Manager Prep.

2

National Restaurant Association of the American Culinary Federation Certification Prep.

3

Indicates that this course has a prerequisite.

4

Course may be replaced by any MTHM Ohio Transer 36 course.

Program Contact(s):

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For information about admissions, enrollment, transfer, graduation and other general questions, please contact your advising team (https://www.lorainccc.edu/admissions-and-enrollment/advising-and-counseling/).

More program information can be found on our website. (https://www.lorainccc.edu/culinary/culinary-arts-2/kitchen-essentials/)

Program Learning Outcomes

- Demonstrate strong foundation of classical culinary baking and cookery techniques, balanced human nutrition, food preparation and presentation
- Understand purchasing, receiving, storage and procurement of ingredients as well as certification by the Ohio Department of Health's Serve Safe & Sanitation/HACCP program
- 3. Understand and demonstrate concepts of front and back of house employee/customer service and compliance standards pertaining to human resources and career management