

# HUMAN SERVICES (HMSR)

## HMSR 111, PRINCIPLES OF INTERVIEW/COUNSELING 3 (3)

An introduction to the components of interviewing and counseling within the helping professions. Identification of interviewer and counselor characteristics which have proven to be successful. Involves role play, video analysis, audio and video taping of student interviews.

**General Education:** IN2, IN4

**Typically Offered:** Fall and Spring Semesters

## HMSR 121, INTRODUCTION TO GERONTOLOGY 3 (3)

Historical perspectives and cross cultural attitudes on aging are examined. Myths and facts about older adults are presented, as are various theories about aging and other macro issues that provide a broad context for introducing the student to gerontology. Other topics include social policies, housing, transportation, health care programs and policies.

**General Education:** IN1, IN3, IN4

**Typically Offered:** Not offered this year

## HMSR 131, DIVERSE POPULATIONS/HUMAN SERVICES 3 (3)

This course addresses the dynamics of working with diverse populations. The focus is on groups that have been discriminated due to social, physical and/or behavioral characteristics. Groups to be studied include persons with physical or mental disabilities, the gay and lesbian population, children with AIDS, and ethnic minorities. The relevant psychological and/or sociopolitical considerations relevant to working with these groups, the advocacy role and service strategies will be discussed. An overview of the American with Disabilities Act and other legal issues are covered in this course.

**General Education:** IN1, IN2, IN3

**Typically Offered:** Not offered this year

## HMSR 132, ADDICTION COUNSELING I 3 (3)

This course serves as an introduction to addiction counseling. This course is designed to provide students with knowledge of how to identify and assess individuals with addictions. Goals, principals, and methods of effective treatment will be examined as well as the process of recovery and problems that can arise during recovery. Neurological, physiological, psychological, and cultural basis of addictions across the lifespan will be examined along with assessment/screening tools, motivational interviewing, and the impact of addictions on the family system. Students will learn about the history of the prevention discipline, the theories, and research based approaches that guide the effective implementation of programs and strategies.

**General Education:** IN1, IN2, IN3

**Course Entry Requirement(s):** Concurrent: PSYH 151, HMSR 111 and ENGL 161

**Typically Offered:** Fall and Spring Semesters

## HMSR 141, INTRODUCTION TO CHEMICAL DEPENDENCY 3 (3)

Students learn about the causes and symptoms of addiction and treatment strategies used with drug and alcohol-addicted individuals. Impact on the family is addressed, as are special groups and issues in chemical dependency. Prevention strategies are discussed.

**General Education:** IN1, IN2, IN3

**Course Entry Requirement(s):** Prerequisite: PSYH 151 or divisional approval

**Typically Offered:** Fall and Spring Semesters

## HMSR 161, FAMILY AND INTIMATE VIOLENCE 3 (3)

This course addresses the dynamics of emotional, physical and sexual violence among family members and other intimate relationships. Special emphasis is given to child abuse, sexual assault, spouse abuse, dating violence, and elder abuse. Students learn about legal options and the role of the helping professional.

**General Education:** IN1, IN3

**Course Entry Requirement(s):** Prerequisite: SOCY 151 or divisional approval

**Typically Offered:** Fall and Spring Semesters

## HMSR 211, CRISIS INTERVENTION 3 (3)

This course introduces students to the interpersonal dynamics of various crisis situations faced by social service workers. Crisis intervention strategies used by social service workers are discussed and demonstrated. Students are required to participate in role plays and to analyze case studies utilizing techniques learned in class. Students identify and demonstrate effective techniques for intervention in potential suicide, victimization, family bereavements situations, and determine conditions where referral is more appropriate.

**General Education:** IN1, IN2, IN3

**Course Entry Requirement(s):** Prerequisite: HMSR 111

**Typically Offered:** Fall Semester

## HMSR 212, CASE MANAGEMENT 3 (3)

Introduction to case management principles and practices. Learn assessment skills, treatment planning, intervention strategies and community resources.

**General Education:** IN1, IN2, IN3

**Course Entry Requirement(s):** Prerequisite: HMSR 111 or CRMJ 110 or divisional approval

**Typically Offered:** Fall Semester

## HMSR 213, GROUP WORK IN HUMAN SERVICES 3 (3)

In this course students are introduced to the complexities of the group process. Students learn about different types of groups, stages of the group process, role of the facilitator, participant roles and influences, and group counseling techniques. Role plays and case studies are integral activities of this course by which students learn group dynamics through practice and observation.

**General Education:** IN1, IN2, IN3

**Course Entry Requirement(s):** Prerequisite: HMSR 111

**Typically Offered:** Fall and Spring Semesters

## HMSR 221, INTERDISCIPLINARY DYNAMICS OF AGING 3 (3)

Interdisciplinary aspects of the aging process are explored. Biological, psychological and social influences are examined. The course will address the impact of sensory changes, cognitive and personality changes, health and mental health concerns, economic and social support influences on the aging process.(IN1, IN4)

**General Education:** IN1, IN4

**Course Entry Requirement(s):** Prerequisite: PSYH 151 or SOCY 151

**Typically Offered:** Not offered this year

## HMSR 222, PROGRAMS AND SERVICES/OLDER ADULTS 3 (3)

This course provides students with an introduction to theory and concepts for working with older people in a variety of settings. Students will learn about the major problems of aging, and about public policies, programs and treatments designed to address those problems. The course will present information about how to assess older adults and to intervene at the individual, family, community, and institutional level. This course identifies the public policy and the resulting programs and services designed to address age related problems.

**General Education:** IN1, IN4

**Typically Offered:** Not offered this year

**HMSR 232, ADDICTION COUNSELING II 3 (3)**

This course builds on HMSR 132 Addictions Counseling I with a focus on the treatment process. Students will gain a broad background of the tools used in the treatment of addiction. Ethical and legal issues for the substance abuse counselor will be identified. A primary theme in this course will be the explication of the Twelve Core Functions of a Substance Abuse Counselor. Emphasis will be placed on developing and practicing substance abuse counseling skills with individuals and groups. Special populations, dual diagnosis, ethics, gambling, and other addictions associated with addiction counseling will be investigated.

**General Education:** IN1, IN2, IN3, IN4

**Course Entry Requirement(s):** Prerequisite: ENGL 161, HMSR 111, HMSR 132, PSYH 151 or divisional approval

**Typically Offered:** Fall and Spring Semesters

**HMSR 233, ADDICTION COUNSELING PRACTICUM 4 (4)**

This course offers the student enrolled in the Addiction Counseling Certificate program 300 clock hours of onsite field work experience in an approved addiction treatment facility. This on-the-job placement will involve learning agency policies and procedures, observing agency personnel in the provision of client services, and applying addiction counseling skills and knowledge. Supervision will be provided by licensed agency personnel and by the course instructor who visits the site and maintains ongoing contact with the staff supervisor. Students will participate in an On-Campus Seminar where the focus will be on experiences encountered in the Addiction Counseling Practicum.

Application of professional skills and knowledge of ethical behavior in addictions counseling will be emphasized. Student must successfully complete the interview and application process and criminal background check and all prerequisites with a C or higher. Student must have Human Services Coordinator's signature before registering for this course.

**General Education:** IN1, IN2, IN3, IN4, IN5

**Course Entry Requirement(s):** Prerequisite: ENGL 161, HMSR 111, HMSR 132, PSYH 151 or divisional approval

**Typically Offered:** Fall and Spring Semesters

**HMSR 234, MENTAL HEALTH COUNSELING FOR SOCIAL WORKERS 3 (3)**

This course equips students with knowledge of mental health and illness, its impact on individuals and families, social workers roles and interventions in mental health service delivery, and community rehabilitation and integration. The major focus of this course is to familiarize social work and human service students with the major mental disorders. Since mental health issues are ubiquitous in social work settings and practice, it is appropriate that workers, regardless of area of interest, be acquainted with the language, conceptualizations, models, and developments in the study of mental health. Specific attention will be given to the interface of the assessment and diagnostic process, the socio-cultural context of individuals, use of support networks and an understanding of basic psychopharmacology within a developmental and humanistic framework.

**General Education:** IN1, IN2, IN3, IN4

**Course Entry Requirement(s):** Prerequisite: PSYH 151, HMSR 111, SOWK 151, ENGL 161 with a C or higher

**Typically Offered:** Fall and Spring Semesters

**HMSR 285, HUMAN SERVICES PRACTICUM AND SEMINAR 4 (22)**

Students are required to complete a minimum of 300 clock hours of agency practicum experience. This on-the-job placement will involve learning agency policies and procedures, observing agency personnel in the provision of client services, and applying social service skills and knowledge. Supervision will be provided by licensed agency personnel and appropriate college representative. One hour of classroom instruction will focus on experiences encountered in the agency practicum.

Application of professional skills, knowledge of ethical behavior within a social service agency will be emphasized. Students are required to maintain a journal of all activities. This course contains an opportunity for experiential learning.

**General Education:** IN1, IN2, IN3, IN4, IN5

**Course Entry Requirement(s):** Prerequisite: HMSR 111, 211, 212, 213 SOWK 151 252 w/ a C or higher. Student must have human services coordinator's signature before registering.

**Typically Offered:** Spring Semester

**HMSR 287, WORK BASED LEARNING I - HMSR 1-3 (0)**

This course provides supervised work experience with approved employer(s) in an area related to the student's program. Emphasis is placed on integrating classroom learning with work experience. Students will be able to evaluate career selection, demonstrate employability skills, and satisfactorily perform work-related competencies. Activities are coordinated and evaluated by college personnel. Course will be graded on the S/U basis. Prerequisites: A student must be pursuing an approved program at LCCC; have completed 15 semester hours with a minimum of six semester hours in the discipline of placement; have a minimum GPA of 2.5 in the discipline and a 2.0 overall GPA; and have divisional approval.

**Course Entry Requirement(s):** A student must be pursuing an approved program at LCCC; have completed 15 semester hours with a minimum of six semester hours in the discipline of placement; have a minimum GPA of 2.5 in the discipline and a 2.0 overall GPA; have divisional approval

**Typically Offered:** Offer as required

**HMSR 299, INDIVIDUALIZED STUDIES IN HUMAN SERVICES 1-2 (2)**

An in-depth study of areas of human services tailored to individual student need and interest. Topics will vary. Repeatable up to a total of four (4) credit hours.

**Course Entry Requirement(s):** Prerequisite: Second year standing and divisional approval

**Typically Offered:** Offer as required