

# OCCUPATIONAL THERAPY ASSISTANT (OCTA)

## OCTA 102, ACTIVITY ANALYSIS 2 (2)

This course presents the Occupational Therapy (OT) Practice Framework (OTPF) which serves as a basis for understanding OT interventions.

This course is one of the core courses that the students use throughout the OTA Program. Understanding how to breakdown activities/occupations is basic to how OT practitioners treat, to the development of intervention plans, and to the modification of activities/occupations during interventions. Students use information about the framework and activity analysis in all their subsequent semesters in the OTA Program. (A special fee will be assessed.)

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: Admission into the Occupational Therapy Assistant program and ALHN 120; Concurrent: OCTA 111, OCTA 113, BIOG 222, PSYH 251, ALHN 112

**Typically Offered:** Fall Semester

## OCTA 110, PSYCHOSOCIAL LEVEL I FIELDWORK 1 (1)

In non-traditional Occupational Therapy (OT) settings, students participate in observations and interactions with clients with psychosocial diagnoses under the supervision of OTA faculty. This course relates to the curriculum design as it is taken concurrent with the mental health intervention track. During this course students are able to apply the skills of gathering data through interview, therapeutic use of self, intervention planning and implementation and documentation as it pertains to mental health. This course has an experiential learning component.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: OCTA 112, OCTA 120, OCTA 125 and PSYH 257; Corequisite: OCTA 115; Concurrent: OCTA 121

**Typically Offered:** Summer Semester

## OCTA 111, THERAPY CONCEPTS 3 (3)

This required course in the occupational therapy assistant curriculum provides the basis for communication as a health care professional, as well as, theories and foundations of occupational therapy (OT). This overview of Occupational Therapy provides an introduction to the basic concepts that are interwoven throughout the program. Basic OT skills for activities of daily living and transfers introduced. Course will cover OT's role in various treatment settings, reimbursement, and introduce models of practice and frames of reference for practice. Course also provides activities to gain experience and develop skills of interpersonal relationships necessary for therapeutic interactions. Through a series of planned activities and self-assessments, the student will improve in communication in a confident manner. Twenty hours of service learning in a community setting is required. (A special fee will be assessed.)

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: ALHN 120 and admission to the Occupational Therapy Assistant Program; Concurrent: OCTA 102, OCTA 113, BIOG 222 and ALHN 112

**Typically Offered:** Fall Semester

## OCTA 112, PEDIATRIC LEVEL I FIELDWORK 1 (1)

In traditional and non-traditional Occupational Therapy (OT) settings, students will be given the opportunity to apply the knowledge and skills being learned concurrently in OTA courses, in-class discussion, and through documentation. This course relates to the curriculum design as it taken concurrent with the pediatric intervention track. During this course students are able to apply the skills of gathering data through interview, intervention planning and implementation, documentation, and therapeutic use of self as it pertains to the pediatric population. (A special fee will be assessed.)

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 102, OCTA 111 OCTA 113, BIOG 222, ALHN 112 and PSYH 251; Corequisite: OCTA 125; Concurrent: C or higher in OCTA 120 and PSYH 257

**Typically Offered:** Spring Semester

## OCTA 113, OT DOCUMENTATION 1 (1)

This course provides occupational therapy assistant (OTA) students the skills to document accurately and effectively in today's health care whether the Occupational Therapy (OT) practitioner is completing documentation by hand or electronically. This course provides a framework for completing daily documentation and progress notes. Reporting objective data, use of abbreviations, and use of terminology with written and electronic documentation is explored. This course relates to the curriculum design as documentation is used in all assessment and intervention classes. Learning the foundations of documentation is an important building block and can be adapted for use in any intervention area of practice.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: ALHN 120 and admission into the OTA program; Concurrent: OCTA 111, OCTA 102, BIOG 222, PSYH 251 and ALHN 112

**Typically Offered:** Fall Semester

## OCTA 115, MENTAL HEALTH OT 4 (4)

This course, for occupational therapy (OT) assistant students provides a review of psychosocial / mental health conditions frequently treated and the theory and interventions used in traditional and non-traditional settings. Students will gain an understanding that patients may have dual diagnoses. Students will have the opportunity to practice basic assessments and interventions current to occupational therapy (OT) practice during required lab component. Mental health, historically, is at the center of the OT profession. Students learn to treat the whole person: body, mind, and spirit. This course of study focuses on evidence based practice, emerging areas of practice and encourages lifelong learning. A special fee will be assessed.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 112, OCTA 120, OCTA 125, and PSYH 257; Corequisite: OCTA 110; Concurrent: OCTA 121

**Typically Offered:** Summer Semester

**OCTA 120, NEUROMUSCULAR APPLICATIONS 3 (3)**

This class will provide the developing occupational therapy (OT) assistant a deeper understanding of learned neurological and kinesiology principles as they relate to patient/client occupational performance and for use as a foundation for intervention. This course relates to the curriculum design as it reviews and enhances understanding of the musculoskeletal and neurological systems as they relate to OT. Information from this foundational course is expanded on in all intervention classes.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 102, OCTA 111, OCTA 113, BIOG 222, ALHN 112, PSYH 251; Concurrent: OCTA 112, OCTA 125, and PSYH 257

**Typically Offered:** Spring Semester

**OCTA 121, OT IN GERIATRICS 1 (1)**

This course explores issues related to occupational therapy and geriatrics with emphasis on health and wellness, death and dying, and dementia. This course relates to the curriculum design by bringing together aspects of development, physical rehab and mental health; applying these to an area of contemporary practice: geriatrics.

**General Education:** GE01, GE02, GE04, GE05

**Typically Offered:** Summer Semester

**OCTA 125, PEDIATRIC OCCUPATIONAL THERAPY 5 (5)**

This course explores typical childhood development and pediatric health conditions typically seen in Occupational Therapy and the effects of the interaction of these on the occupation of childhood and adolescence. The class relates to the curriculum design as being one of the three intervention classes which trains students through lecture and lab in theory and techniques of intervention with the pediatric population through the use of frame of reference, the use of evidence based practice, documentation, and occupation. A special fee will be assessed.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 102, OCTA 111, OCTA 113, PSYH 251, BIOG 222, ALHN 112; Corequisite: OCTA 112; Concurrent: OCTA 120 and PSYH 257

**Typically Offered:** Spring Semester

**OCTA 205, LEVEL II FIELDWORK 6 (42)**

This course relates to the curriculum design as the final class in the OTA curriculum which brings together all prior classes, moving towards guided practice. Students are able to take their understanding of occupation and evidence based practice out of the classroom. These final fieldwork assignments will be provided under the supervision of licensed Occupational Therapy (OT) practitioners and in preparation for entry-level practice. Students will be assigned to two 8-week full-time clinical fieldwork placements in order to apply principles and techniques acquired throughout curriculum. Students must participate in on line discussions and hand in all paperwork to successfully pass class. Grading for this course is Pass/Fail. Course includes an experiential learning component. (A special fee will be assessed.)

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 206, OCTA 207, OCTA 208, OCTA 210 and ALHN 121

**Typically Offered:** Spring Semester

**OCTA 206, ASSISTIVE TECHNOLOGY 2 (2)**

This class explores access, implementation, and funding of adaptive sensory, physical, cognitive, virtual, mobility, transportation, environmental, communication, and daily living supports current in occupational therapy (OT) intervention. This course is related to the curriculum design by having students become aware of assistive technology with both low and high technology. The course relates to interventions from pediatrics to geriatrics.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 110, OCTA 115 and OCTA 121; Concurrent: OCTA 207, OCTA 208, OCTA 210 and ALHN 121

**Typically Offered:** Fall Semester

**OCTA 207, PHYSICAL DYSFUNCTION LEVEL I FIELDWORK 1 (1)**

In traditional Occupational Therapy (OT) settings, students participate in observational and interactive experiences in physical rehab setting. Students will be given opportunities to apply knowledge and skills being learned concurrently in OT courses, in-class discussions, and through documentation. This course relates to the curriculum design as it is taken concurrent with the physical rehab track. During this course students are able to apply the skills of intervention and documentation as it pertains to physical rehab. Course includes an experiential learning component. A special fee will be assessed.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 110, OCTA 115, OCTA 121; Corequisite: OCTA 210; Concurrent: OCTA 206, OCTA 208, ALHN 121

**Typically Offered:** Fall Semester

**OCTA 208, OCCUPATIONAL THERAPY ISSUES 1 (1)**

This blended course is designed to augment the OTA's professional skills for management and functions of rehabilitation/OT departments. Students will be able to build resumes for upcoming job searches. Active discussions and activities related to current legislation and practice will be pursued. The course expects the soon to be practitioners to have an understanding of professionalism as they begin to enter the field of occupational therapy. This course relates to the curriculum design as it brings together many of the issues discussed in foundational and intervention classes.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 110, OCTA 115, OCTA 121; Concurrent: OCTA 206, OCTA 207, OCTA 210, ALHN 121

**Typically Offered:** Fall Semester

**OCTA 210, PHYSICAL REHAB OT 6 (6)**

This course relates to the curriculum design as being one of the three intervention classes which trains students through lecture and lab in theory and techniques of intervention with physical rehab through the use of frame of reference, evidence based practice, documentation, and occupation. A special fee will be assessed.

**General Education:** GE01, GE02, GE04, GE05

**Course Entry Requirement(s):** Prerequisite: C or higher in OCTA 110, OCTA 115, OCTA 121, BIOG 222; Corequisite: OCTA 207; Concurrent: OCTA 206, OCTA 208, ALHN 121

**Typically Offered:** Fall Semester