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## PHYSICAL EDUCATION/ SPORTS (PESP)

## PESP 151, BASKETBALL 1 (2)

Instruction and practice in the basic fundamentals of basketball. Rules, safety and skills application are stressed. (A special fee will be assessed.)

General Education: IN1, IN5

Typically Offered: Fall and Spring Semesters
PESP 160, TEAM AND INDIVIDUAL SPORTS 1 (2)

This course is designed to provide instruction and practice of fundamental skills of various team and individual sports, emphasizing rules, safety and skills application. Sports covered will include (but not be limited to) tennis, flag football, bowling and golf. Students will actively participate in sports activities.

General Education: IN1, IN2, IN5

Typically Offered: Fall and Spring Semesters